

Organisation	Details of service/activity	Date and Time of service/activity	Full Address of where the service/activity is taking place	Contact Details (telephone and/or email) for public use
Marcello Hair Salon	<p>Marcello's Christmas Haircuts</p> <p>Offering free haircuts to those who cannot afford to go to a salon</p> <p>Call or email to book</p>	10th December 9am-5pm	15A West Cliff Road, Ramsgate, CT11 9JW	<p>Telephone: 01843 592027</p> <p>Email: marcellosalon@gmail.com</p>
Ellington Park Cafe	<p>Ellington Park Cafe have opened up their Warm Space, serving free team, coffee and toast to everyone and anyone, especially those needing help due to the rising cost of living</p> <p>They are also serving a Christmas Buffet (Adult £7 and Child £3). Book in person at the café or email Bev</p>	<p>Warm Space: Every Monday 10am-12pm</p> <p>Christmas Buffet: 14th December</p>	Ellington Park, Park Road, Ramsgate, CT11 9TL	Email: Bev.foep.cafe@gmail.com
The Omnibus Project	<p>Sensory Santa Experience for people with SEN</p> <p>Book through the website</p>	<p>14th, 15th, 21st and 22nd December 10am-3pm</p> <p>15 minute slots available</p>	The Omnibus Project, 6 Crossways Business Park, Canterbury Road, St. Nicholas at Wade, Kent CT7 0AA	<p>Email: sarah@theomnibusproject.co.uk</p> <p>Website: www.theomnibusproject.co.uk</p> <p>Bookings: www.theomnibusproject.co.uk/bookings</p>
The GAP project	<p>Christmas Dinner for those that are homeless or inadequately housed</p> <p>Call to discuss details and book a place</p>	<p>Christmas Dinner: 20th December 2:30pm-4:30pm</p> <p>Open 24th, 27th and 31st December 2:30pm-4:30pm</p>	Queens Road Baptist Church, Queens Road, Broadstairs, CT10 1NU	<p>Telephone: 01843 602762</p> <p>Email: team@thegaproject.co.uk</p>
Margate FC Community Trust	<p>Homeless drop-in at Margate Football Club</p> <p>Services: warm food, hot showers, clothes washing, clothes bank, tea and coffee, fruit and snacks</p>	20th and 27th December 11am-2pm	Margate Football Club, Hartsdown Road, Margate, CT9 5QZ	Email: Pat.sutcliffe@margate-fc.com
Rio's Café and Restaurant	<p>The café and restaurant will be offering free meals on Boxing Day to people who are homeless and in need</p> <p>They will be open on Boxing Day, serving 150-200 people breakfast, teas, coffee, sandwiches, lunch, burgers, shepherd's pie etc</p> <p>They will also arrange for a delivery driver locally to take food to those who cannot get to the café (this is for homeless people, elderly people and people who are struggling)</p>	26th December 8am-3pm	50 Grange Road, Ramsgate, CT11 9LP	<p>Telephone: 01843 581199</p> <p>Email: Riogarcia16@hotmail.com</p>

Age UK Thanet	<p>Hot meal delivery - deliver fresh, home cooked, balanced meals to your home</p> <p>Cost of hot main meal including pudding £10.00, afternoon tea including a sandwich, selection of snacks and a drink £5.00, and a salad box £6.00</p> <p>Call to order</p>	7 days a week, 365 days a year	Age UK Thanet, Randolph House, Zion Place, Margate, CT9 1RP	<p>Telephone: 01843 223881</p> <p>Email: info@ageukthanet.org.uk</p> <p>Website link to activities: https://www.ageuk.org.uk/thanet/activities-and-events/wellbeing-activities/</p>
Cafe 4 All -St Luke's Church	A warm space with free tea, coffee, pastries, cakes etc	Each Thursday 10am-11.30am	St Luke's Church, Hollicondane Road, Ramsgate, CT11 7JX	<p>Vicar: Paul Worledge</p> <p>Email: vicar@churchramsgate.org</p>
101 Social CIC	Soup Kitchen	Every Sunday from 12am-2pm	101 Northdown Road, Cliftonville, CT9 2QY	Email: dario@101social.org.uk
The Salvation Army, Margate Citadel	<p>We provide the following for free: warm shower, laundry facilities, warm clothes, social meetings</p> <p>For support, contact our Community Programme Manager Justin Chari</p>	<p>Drop in Sessions: Mondays and Fridays 10:30am-12:30pm</p> <p>Parent and Toddler Group: Wednesdays 10am-12:00pm</p> <p>CAMEO: Thursdays 1pm-3pm</p>	Salvation Army, Margate Citadel, Union Row, CT9 1NS, Margate	<p>Telephone: 07771668130</p> <p>Email: margate@salvationarmy.org.uk</p> <p>Email: Justin.chari@salvationarmy.org.uk</p>
SE Kitchen	<p>Social supermarket that offers a wide range of seasonal groceries at reduced prices</p> <p>Anyone can shop here – no membership, referral, eligibility or sign-up required</p> <p>Also a part of the Ramsgate Lumiere/Advent Doors event. On Saturday 21st December, GadduKees will be playing and there will be some refreshments</p>	<p>Opening Times:</p> <p>09:00 – 16:00 Monday, Tuesday 10:30 – 16:00 Wednesday 09:00 – 16:00 Thursday 11:30 – 16:00 Friday 09:00 – 12:30 Saturday</p> <p>Closed 25th and 26th December, and 1st January</p>	SE Kitchen, St George's Hall, Broad Street, Ramsgate, CT11 8QY	Email: sekitchen@sekgroup.org.uk
Margate Independent Foodbank CIC and MiCommunity Shops	<p>Offer food parcels and support</p> <p>Referrals can be made by phone or email from local organisations like Rise, Porchlight, Social Services, Kent County Council and Thanet District Council</p>	<p>Open Monday to Saturday 10am-3pm (except bank holidays).</p> <p>Closed 25th and 26th December, and 1st January</p>	<p>MiCommunity Shops:</p> <p>9 High Street Margate CT9 1DL</p> <p>92-94 Ramsgate Road Margate CT9 5RY</p>	<p>Telephone (9 High Street): Marcel/Jackie 01843 793838</p> <p>Telephone (92-94 Ramsgate Road): John 07948 439002</p> <p>Email: John.mifoodbank@aol.com</p>
Green Doctor - Groundwork South	<p>Over the Christmas period we will have advisors available on the phone (excluding Bank Holidays) that will help with fuel vouchers for gas and electric (pre-payment meter only clients) and applications for fuel support (credit meter clients)</p> <p>Any vouchers issued will need to complete a free one to one consultation on how to remain comfortably warm, healthy and reduce energy usage and costs long term</p>	<p>Operating from the 16th December to the 3rd January</p> <p>Monday to Friday 9am-5pm</p> <p>We are a non-crisis service and encourage you to leave us a voicemail and/or email and we will get back to you as soon as we can</p>	<p>Our appointments will be remote during this period</p> <p>Return to home visits for consultations after the 4th January</p>	<p>Freephone: 0800 233 5255</p> <p>Email: Greendoctorsouth@groundwork.org.uk</p> <p>Quickest and direct referral route is via the website: https://south.greendoctors.org.uk/ (click 'free consultation')</p>

Orbit Housing	We offer support services through our 'Better Days' initiative, providing free support to all Orbit customers on a range of issues including managing finances, employment and skills, mental health and general wellbeing	Contact for more information	Various across Thanet	Email: hayley.oshea@orbit.org.uk
Forward Trust Skills and Restart	<p><u>Jump into Christmas Event</u> Enjoy free tea, coffee, and mince pies Free food bank, clothing and toys Kent & Medway Talking Therapies (Offering guidance and support for mental health and wellbeing) Adult Skills Advisor (Offering advice and resources for personal growth)</p> <p><u>10-day Adult Skills Wellbeing</u> Ideal for participants who want to learn wellbeing strategies and mental health awareness *eligibility criteria apply</p>	<p>Jump into Christmas event: 12th December 10am-12pm (email David Fuller to book a table or customers in)</p> <p>10-day Adult Skills Wellbeing: 9th December to 20th December 9:30am-4pm (email Leesa Evans or Clair Flockhart)</p>	Forward Trust, 2nd floor, Mill Lane House, Margate, CT9 1LB	<p>Emails:</p> <p>david.fuller@forwardtrust.org.uk leesa.evans@forwardtrust.org.uk Clairflockhart@forwardtrust.org.uk</p>
Forward Trust	<p>1 hour Multiply taster sessions with a qualified trainer</p> <p>1 day Multiply workshop looking at budgeting and cost saving techniques (with a £20 gift voucher upon completion) and/or 3 day Multiply workshop looking at understanding your payslip, numeracy support to help with progressing towards work as well as a FREE account to our KUDOS platform – helping you identify the right employers with your skills (followed by a £35 gift voucher upon completion)</p> <p>All training delivered from a warm space with complimentary warm drinks and refreshments</p>	Throughout December - March 2025	2nd Floor Mill Lane House, Mill Lane, Margate (above Job Centre Plus)	<p>Telephone: 01843 260892</p> <p>Email: Leesa.Evans@forwardtrust.org.uk</p>
Mental Health Matters	<p>At The Havens, you can come just for a chat, or you can access one-to-one emotional support from trained mental health professionals. We also offer help in creating staying well and crisis plans, and support visitors to access other services that may be useful to them</p> <p>We work closely with GPs, Community Mental Health Teams, Crisis Teams, A&E Mental Health Liaison Teams, Police and Ambulance Services, Street Triage, and other front-line healthcare professionals to ensure that people in emotional distress have a safe, supportive place to go to, with appropriate mental health support available</p> <p>Walk-in service – no need to be referred by your GP or Care Coordinator</p>	<p>Thanet Safe Haven: Open Monday to Sunday, 24 hours</p> <p>Ramsgate Safe Haven: 6pm-11pm every day (including weekends and bank holidays)</p>	<p>Thanet Safe Haven, Thanet Mental Health Unit, 164 Ramsgate Road, Margate, CT9 4BF</p> <p>Ramsgate Safe Haven, 42 High Street, Ramsgate, CT11 9AG</p>	<p>Thanet Safe Haven Telephone: 07850 655 877 Email: thanet.mhm@nhs.net</p> <p>Ramsgate Safe Haven Phone: 07967 877 102 / 07967 877 103 Email: ramsgate.mhm@nhs.net</p>

<p>Kent County Council</p>	<p>KCC's Positive Wellbeing Service</p> <p>Our highly trained community connectors can support you to live well at home and become part of your community. They challenge the disconnection, loneliness and isolation many people face at this time of year and support you to connect, be active and have purpose – your own way</p> <p>We can meet you in your home or arrange an appointment by phone or video. If you are feeling isolated or lonely, then a community connector can help you find Positive Wellbeing</p>	<p>Open Monday to Friday 9am-5pm (groups and clubs may be facilitated outside of these hours)</p>	<p>This varies, and is dependent on the address of the service user.</p>	<p>Telephone: 03000 422 065</p> <p>Email: positive.wellbeing@kent.gov.uk</p> <p>Website: https://www.kent.gov.uk/leisure-and-community/community-safety/positive-wellbeing</p>
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