

# GET ACTIVE IN RAMSGATE

KENT'S ACTIVE COASTAL RESORT



[WWW.VISITRAMSGATE.CO.UK/ACTIVERAMSGATE](http://WWW.VISITRAMSGATE.CO.UK/ACTIVERAMSGATE)

# ESCAPE TO RAMSGATE

Set in Kent, the Garden of England, the Ramsgate coast is just over an hour from London, but it feels a world away. With the only Royal Harbour in the UK, and a wonderful array of independent shops, attractions and places to eat and drink, you will want to come back time and again.

Stay in one of the quaint, sea-side B&Bs or modern boutique hotels, feast on award-winning fish and chips along the waterfront, or sample local seafood in one of the speciality fish restaurants before heading out and about and exploring the wonderful coastline and nature that Ramsgate has to offer.

Walk or cycle along coastal trails before having a warming hot chocolate or chilled wine in one of the many café bars in the Royal Harbour Arches.

Or take to the sea by kayak or on a boat trip and look in awe at seals and birdlife before returning to warm the cockles in a welcoming, local pub.

And if it's raining, then there are plenty of historical attractions to discover. Explore the underground tunnels, or Maritime Museum or one of the local art galleries. Visit [www.visitramsgate.co.uk](http://www.visitramsgate.co.uk) for ideas when planning your next escape to the Ramsgate coast!

# RAMSGATE GET ACTIVE BY THE SHORE



WHETHER YOU WANT TO GO WALKING OR CYCLING, SET SAIL OR KAYAK, TRY A TRIATHLON, GO KITESURFING, PADDLE BOARDING OR BIRDWATCHING, PLAY GOLF, PICKLEBALL, TENNIS OR SCUBA DIVE, **RAMSGATE IS THE BEST PLACE TO GET ACTIVE ON THE KENT COAST!**



**You can't visit Ramsgate without coming into contact with the sea. There's a whole raft (sorry!) of ways to get active in the water, so you'll have a hard time choosing what to do!**

Ramsgate has a range of sea kayaking trails for you to try, a Royal Harbour to set sail from, and boat trips to check out some spectacular bays, the local wildlife, seals and one of the largest offshore windfarms in the world.

It's also a kitesurfer's paradise and fast becoming one of the top kitesurfing destinations in the country. Paddle boarding here is a must too. With over 2,000 shipwrecks it's also a big draw for scuba divers. So come and get active by the shore!

If you'd rather keep your feet on some beautifully maintained terra firma, why not try out pickleball or play a few games of tennis or golf at Stonelees or St. Augustine's golf centres; two highly respected clubs that are famous for the warmth of their welcome and quality of their courses.

Land Lubbers will also enjoy the prolific birdlife and our four themed walking trails taking in sandy beaches and bays, Regency architecture, Royal connections, seals and birds and an array of Kentish cafés and bars along the way. Or why not take to a bike and cycle the Pier to Pier or Viking Coastal Trail.

You could even try your hand at geocaching and find hidden treasure 'caches'. Or try out our triathlon taster experiences.

For info on all go to [visitramsgate.co.uk/activeramsgate](https://www.visitramsgate.co.uk/activeramsgate)

## CYCLING

The popular Pier to Pier Cycle Trail and Viking Coastal Trail take in coastal scenery, sand dunes, pretty Kentish villages and some refreshing drink stops you won't want to miss.

Download the full cycle trail maps at [visitramsgate.co.uk/activeramsgate](https://www.visitramsgate.co.uk/activeramsgate). You can hire bikes from Harbour Bikes on **07834 377907** or visit [www.harbourbikes.co.uk](https://www.harbourbikes.co.uk)



# 4 GREAT WALKS

GET ACTIVE, BE INSPIRED



## 1 THE CONTRA TRAIL: BOATS, BIRDS & BAYS RAMSGATE TO PEGWELL BAY

6.1 miles, 9.8km one-way including  
Nature Reserve loop

This route is brimming with some wonderful contradictions, stunning birdlife and nature galore.

## 2 SEA IT ALL: COAST, CLIFFS & CAFÉ CULTURE RAMSGATE TO BROADSTAIRS

5 miles, 8km circular

From awe-inspiring white cliffs and sandy beaches to breathtaking views across Viking Bay.

## 3 TOWN ROUNDERS: REGENCY, ROYAL & RIVIERA RAMSGATE TOWN WALK

Loop 1 - 1.4 miles, 2.3km

Loop 2 - 2 miles, 3.2km

A trail with a Riviera vibe, wonderful Regency architecture and connections of the Royal kind!

## 4 THE BEACH ROAMER: BOTANY, BAYS & BEACHES RAMSGATE TO MARGATE

6.8 miles, 11km linear walk

At low tide you can walk the entire trail along the sands and catch a LOOP bus back!

Download full route  
maps and walks info  
at [visitramsgate.co.uk/  
activeramsgate](http://visitramsgate.co.uk/activeramsgate)



# GET ON BOARD!

## BOAT TRIPS

### RIVER RUNNER

[www.river-runner.co.uk](http://www.river-runner.co.uk)

Set sail on a photographic excursion or take a river picnic boat ride from Ramsgate Harbour to the medieval port of Sandwich.

Call **07955 465729** to book.

### GO2SEA

[www.go2sea.co.uk](http://www.go2sea.co.uk)

For boat trips around the beautiful East Kent coast to see bays, beaches, wind farms, seals and wildlife.

Call **07931 744788** for details and advance bookings.

### SEA SEARCHER BOAT TRIPS

[www.seasearcher.co.uk](http://www.seasearcher.co.uk)

For sightseeing trips around Ramsgate Harbour, seal and wildlife watching tours, sea angling and boat fishing charter trips.

Call **07837 562076** for details and advance bookings.

## SEA KAYAKING

Get closer to nature and go wild exploring in some of the most precious and dramatic landscapes in Kent by kayak! Active Ramsgate has two exciting trails.

### RAMSGATE TO BROADSTAIRS SELF-GUIDED KAYAK TRAIL 2 miles (3.2km) one way

A sea water paddle taking in the beauty of the white cliffs of Ramsgate which have been eroded to a smooth surface over years of tidal wear and tear.

### GUIDED WILDLIFE SAFARI

2-3 hours

A sea water paddle with spectacular views across the coast between Ramsgate and the national gem of Sandwich & Pegwell Bay National Nature Reserve with its abundance of seals and birdlife. This is a small group, set date, guided trail led by specialist local canoe operators.

To book your place, visit [www.canoewild.co.uk](http://www.canoewild.co.uk) or call **Canoe Wild** on **07947 835688**. All equipment will be provided, or bring your own! They also offer a kayak hire service and other guided trails.

Download trail maps  
and kayaking info at  
[visitramsgate.co.uk/  
activeramsgate](http://visitramsgate.co.uk/activeramsgate)



## KITESURFING

Ramsgate is a kitesurfer's haven and fast becoming one of the UK's top kitesurfing destinations.

Champion kitesurfer Lewis Crathern broke the British record for the highest kite jump on Ramsgate Main Sands - a whopping 22.3 metres! And Ramsgate hosts the British Freestyle Kitesurfing championships, attracting the country's top kitesurfers.

So if you're a complete beginner, or a seasoned pro, Ramsgate offers an exhilarating kitesurfing experience.

No equipment? No worries! Local kitesurfing school Kite Pirates offers lessons for beginners and can provide you with all the kit. Coaching is also available for intermediate kitesurfers who want to improve on their jumps, transitions or upwind riding. Simply contact **Kite Pirates** on **07739 369531** or visit [www.kitepirateskiteschool.com](http://www.kitepirateskiteschool.com)

## PADDLEBOARDING

Whether you want to chill out by yourself, enjoy a fun day out with the family, go racing with a friend or benefit from some hard core upper-body training, paddleboarding will keep you on your toes.

Our local Kite Pirates Kite School offer lessons as well as small group guided SUP Safari Tours at sunrise and sunset and Keep SUP Fit Classes for the more experienced paddleboarding warrior!

Kick off your shoes and take the plunge.

Contact **Kite Pirates** for details on **07739 369531** or visit [www.kitepirateskiteschool.com](http://www.kitepirateskiteschool.com)



## BIRDWATCHING

The Ramsgate coast has some of the best wildlife habitats in the South East attracting thousands of migratory and wintering wetland birds. It's a birdwatcher's paradise at any time of the year!

Look out for nesting shags and overwintering kingfishers in Ramsgate's Royal Harbour. Or waders, wildfowl and seals at the internationally important Sandwich & Pegwell Bay National Nature Reserve. And a visit to Monkton Nature Reserve is a must for birds and bats.

Local birding experts Tony Swandale and Keith Ross offer guided birdwatching tours around the coast. So if you want to join them and other birders for a morning's birdwatching in Ramsgate look them up at [visitramsgate.co.uk/activeramsgate](http://visitramsgate.co.uk/activeramsgate) for more details and how to book.



## PICKLEBALL & TENNIS

Ramsgate is home to one of only a few outdoor pickleball courts in the UK. Pickleball, you say? It's one of the hottest new racket sports – a blend of tennis, badminton and table tennis in one unique game. Just swing by the **Spencer Square Tennis and Pickleball Centre** to join in a taster session or to hire a court and rackets and try it out for yourself! There's always someone on hand to give you a few pointers.

If you prefer to stick to traditional tennis, there are tennis courts here too. Just turn up or visit [visitramsgate.co.uk/activeramsgate](http://visitramsgate.co.uk/activeramsgate) or call **07834 316601** for more details and how to book.



“ THERE'S NOTHING I LIKE BETTER THAN A WEEKEND BY THE COAST, WALKING, BIKING, RELAXING. ”

NICHOLAS CRANE PRESENTER OF THE BBC COAST SERIES

## GOLF

Active Ramsgate is lucky enough to have two highly regarded golf courses where you can pick up your game - and some great discounts!

### ST. AUGUSTINE'S GOLF CLUB

[www.staugustinesgolfclub.co.uk](http://www.staugustinesgolfclub.co.uk)

Set in a stunning area of natural beauty, St. Augustine's has special offers throughout the year. Check out their website for details.

Tel: **01843 590333**

Email: [sagcsecretary@hotmail.co.uk](mailto:sagcsecretary@hotmail.co.uk)

### STONELEES GOLF CENTRE

[www.stonelees.com](http://www.stonelees.com)

Choose from three very different courses, a host of extra facilities and enjoy a range of special offers and discounts by visiting their website.

Tel: **01843 823133**

Email: [stonelees@stonelees.com](mailto:stonelees@stonelees.com)

## GETTING HERE



We are situated on the southeastern tip of Kent. Excellent road and rail links from London means that getting here is quick and easy – just over an hour from London by train.

Excellent direct motorway links from London via the M20 and M2. Even the continent is just a hop across the Channel by Eurotunnel, Eurostar or ferry from Dover.

## SCUBA DIVING



The coast around Ramsgate has around 2,000 shipwrecks making it one of the most exciting places in the UK to scuba dive.

You can get involved in small group dives

with **Thanet Diving and Watersports** based out of the Arches in Ramsgate's Royal Harbour. If you are a beginner you can take lessons with all equipment provided. Visit [www.kentscubadiving.co.uk](http://www.kentscubadiving.co.uk) or call **07981 551922**.





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## RAMSGATE VISITOR INFORMATION CENTRE

The Custom House, Harbour Parade, Ramsgate, CT11 8LP

Tel: 01843 598750 Email: [ramsgatevic@gmail.com](mailto:ramsgatevic@gmail.com)

Open 10am - 4pm

**VISIT RAMSGATE** for all Active Ramsgate experiences, events, attractions, restaurants and places to stay in Ramsgate

[www.visitramsgate.co.uk](http://www.visitramsgate.co.uk)

   @VisitRamsgate

**ACTIVE RAMSGATE** is an initiative of Ramsgate Town Council celebrating the great outdoors

[www.ramsgatetown.org](http://www.ramsgatetown.org)

   @RamsgateTown

